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**Parent Networking Evening**

**3 Key Considerations for Raising a Happy Child**

Join us for an evening with Faculty on the Three Keys to Raising a Happy Child from the Montessori Perspective: Discipline, Nutrition and Sleep; ***Monday, November 11th from 6:00 p.m. – 8:00 p.m.***

Maria Montessori believed in the power of positive discipline and positive communication; that mealtime is an opportunity for children to learn, and viewed bedtime as an opportunity to enhance a child’s ability to self-regulate.

In our first hour you will have the opportunity to study and discuss the Montessori perspective on discipline and how to create and promote an environment of positive discipline within your home; explore and discuss nutrition and how to help your child develop healthy mealtime independence and skills; and develop good sleeping habits.

In our second hour we invite you stay at MCH and join us for “Cocktails and Connection” in a collegial conversational cocktail hour to answer any further questions you may have and to get to know each other better.

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Please return the bottom portion to the School office

***R.S.V.P. by Thursday, November 7, 2019***

☐ Yes! We will attend the Parent Networking Evening: 6:00 p.m. – 7:00 p.m.

☐ Yes! We will attend the Cocktails and Connection portion of the Evening:

7:00 p.m. – 8:00 p.m.

☐ I will bring an appetizer to share (peanut and tree nut free please)

☐ I will bring a beverage to share (adult beverages and soft drinks are welcome)

Parent(s) Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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Montessori Children's House of North Barrington

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