

Montessori Childrens House Menu

09/01-02, 09/26-30

09/05-09/09

09/12-09/16

09/19-09/23

MONDAY

BEEF STROGANOFF
ROASTED POTATO
WHOLE WHEAT BREAD
CABBAGE SALAD
CHICKEN NOODLE SOUP

MEATLOAF
STEAMED BROWN RICES
CUCUMBER SALAD
BEETS SALAD
MUSHROOM SAUCE
CAULIFLOWER SOUP

CHICKEN KEBAB
MASHED POTATOES
GARDEN SALAD
WHOLE WHEAT BREAD
SOUR CREAM SAUCE
SPLIT PEA SOUP

CHICKEN PASTA &
MARINARA
ROTINI PASTA
COLESLAW
STEAMED BROCCOLI
UKRAINIAN BORSCH

TUESDAY

CHICKEN PILAF
APPLE & CARROTS
SALAD
GREEN PEAS
CAULIFLOWER SOUP

CHICKEN MEATBALLS
MASHED POTATO
GREEN PEAS
WHOLE WHEAT BREAD
SOUR CREAM SAUCE
CHICKEN RICE SOUP

CHICKEN & MARINARA
WHOLE GRAIN ROTINI
PASTA
CORN SALAD
STEAMED CAULIFLOWER
MARINARA SAUCE
BROCCOLI CREAMY SOUP

BARBECUE CHICKEN
MASHED POTATO
GARDEN SALAD
WHITE BREAD
LENTIL SOUP

WEDNESDAY

BREADED CHICKEN
BUCKWHEAT
CUCUMBER SALAD
STEAM CAULIFLOWER
LEMON-BUTTER SAUCE
CARROTS SOUP

BARBECUE CHICKEN
BUCKWHEAT
CORN ON THE COB
STEAMED BROCCOLI
SALAD
UKRAINIAN BORSCH

BEEF STEW
ROASTED POTATO
CABBAGE SALAD
WHOLE WHEAT BREAD
CREAMY POTATO SOUP

MAC N CHEESE
CORN ON THE COB
STEAMED CARROTS
BROCCOLI SOUP

THURSDAY

MAC N CHEESE
STEAMED BROCCOLI
SALAD
STEAMED CARROTS
FRESH CABBAGE SOUP

BREADED CHICKEN
WHITE BOW PASTA
STEAMED CARROTS
GARDEN SALAD
LEMON-BUTTER SAUCE
CHICKEN NOODLE SOUP

MEAT BALLS
BUCKWHEAT
APPLE & CARROTS
SALAD
STEAMED BROCCOLI
MUSHROOM SAUCE
CHICKEN NOODLE SOUP

TURKEY BREAST
ROASTED POTATO
GREEN PEAS
WHITE GARLIC BREAD
GRAVY SAUCE
CHICKEN NOODLE SOUP

FRIDAY

GRILLED CHICKEN
MASHED POTATO
GARDEN SALAD
WHITE BREAD
MUSHROOM SAUCE
SPLIT PEA SOUP

TURKEY BREAST
ROASTED POTATO
COLESLAW
WHITE GARLIC BREAD
GRAVY SAUCE
LENTIL SOUP

CHICKEN PILAF
GREEN PEAS
CUCUMBER SALAD
FRESH CABBAGE SOUP

CHICKEN MEATBALLS
WHOLE GRAIN ROTINI
PASTA
BEETS SALAD
CORN SALAD
MARINARA SAUCE
POTATO CREAMY SOUP